De conslation		DATE:	TIME:	
De-escalation	Re-engagement/Softening		Consolidation	
1. Alliance, Assess	2. Negative cycle		3. Access emotion	
4. Reframe problem	5. Identify needs		6. Accept experience	
7. Restructure pattern	8. New solutions		9. Consolidate new cycle	
Interventions:	Validate clien	t realities emotions	Evocative responding	
Interventions: Heighten	1	t realities emotions jecture/interpretation,	Evocative responding Track, reflect process, make cycle explicit	
	Empathic con inferences		Track, reflect process, make cycle	

Signed: